



# Rainbow Pre-School & Extended Services NEWSLETTER

November/December 2024

## IMPORTANT DIARY DATES 2024/2025

- 7<sup>th</sup> December 2024 – Children’s Christmas Party
- 12<sup>th</sup> Dec 2024 – Save the Children Christmas Jumper Day
- 17<sup>th</sup> and 18<sup>th</sup> December Christmas Singalong
- 20<sup>th</sup> December 2024 – End of Term
- 6<sup>th</sup> Jan 2025 – Teacher Training
- 7<sup>th</sup> Jan 2025 – First day of Spring term



We would like to say Thank You to Peter Wheatley and the Co-Op group for donating bark for the garden at the East site.



## Useful Information

The contact details for both sites are below.  
All enquiries should be directed to the Admin Office on the West site. If you need to speak with a staff member at the East site your call will be transferred.

West site:

Rainbow Pre-school & Extended Services  
Nursery Building, St Andrews CofE VC Primary School  
Brunts Lane, Biggleswade, SG18 0LY

East site:

Rainbow Pre-school & Extended Services  
St Andrews CofE VC Primary School  
Bantock Way, Kings Reach, Biggleswade, SG18 8UQ

Website: <http://www.rainbowpre-schoolbiggleswade.co.uk/welcome>

Email: [enquiries@rainbow-preschool.co.uk](mailto:enquiries@rainbow-preschool.co.uk)

Tel: 01767 310230

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Our bank details for payment of fees are as follows:

Barclays Bank Account - Rainbow Pre-School & Extended Services  
Account No: 03715140 Sort Code: 20-74-81

PLEASE USE YOUR CHILDS FULL NAME AS THE REFERENCE ACCOMPANYING YOUR BANK TRANSFER TO ALLOW US TO ALLOCATE YOUR PAYMENTS TO THE CORRECT ACCOUNT, WITHOUT

THESE DETAILS YOUR ACCOUNT MAY APPEAR TO FALL INTO ARREARS!

If you are making Hot Lunch payments using cash or cheque, your money should be placed in a named envelope with the amount & information about what the payment relates to.

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## Children’s Sing-A-Long

Come along to our Christmas sing a long on the 17<sup>th</sup> and 18<sup>th</sup> December. Sign up with the greeter at the gates.

We will be holding a morning and an afternoon session. Please see the dates and times below:

### EAST SITE:

Tuesday 17<sup>th</sup> December 11:00-11:45am

Wednesday 18<sup>th</sup> December 2:30-3:15pm

### WEST SITE:

Tuesday 17<sup>th</sup> December 2:30-3:15pm

Wednesday 18<sup>th</sup> December 11:00-11:45am

There will be singing and activities to take part in with your children.

## Toothbrushing hints and tips



NHS

Dental check-ups are important to maintain, as often as the dentist recommends  
(this will vary from patient to patient)

Search for an NHS dentist by visiting the nhs.uk website and typing 'find a dentist' in the search bar

Try to arrange a child's first appointment before their first birthday



NHS

Adults and children are advised not to rinse out with water after cleaning teeth, as this washes some of the fluoride away

Just spit out the foam



### Physical Wellbeing

As part of our PANCO programme we have implemented the following:

- Trained PANCOs on site.
- Half termly Focus Foods - we focus on 3 different seasonal foods each half term for both tasting and play to inform children of the more unusual foods that they may not recognise daily. Our focus foods this half term are **Brussel Sprouts, Cranberries and Swede.**



- Weekly exercise sessions delivered by personal trainer Emily Emerson.
- Using exercises for the Healthy Movers programme in our daily routines.

These are additional measures we have implemented to the free flow access to the outdoor areas throughout the day and free movement around the setting.

## Learning and Development

This half term we are focusing on **People Who Help Us** along with other celebrations like Christmas. At the start of term, it is important that we quickly come to understand everything we can about the children and work closely with them to ensure they settle in well. We are also introducing the season of **WINTER** and will be looking at upcoming **holidays and festivals** celebrated by the children in the setting. We use the children's individual learning (next steps) and their interests to guide our activities. In line with the Fundamental British Values, we have **6 core values** that we focus on with the children as a way of teaching them how we expect them to behave. We discuss these at group times and throughout the day with the children. These include:

- Respect (we are kind)
- Collaborative (we work together)
- Listen (we listen carefully)
- Passion (we always try our best)
- Awe-Inspiring (we try new and exciting things)
- Reflective (we think about how to do things better)

Look out for observations and updates on EYLog about your child.

### Home Learning Challenge:

Every half term, your child will be sent home with an activity book with a home learning challenge stuck inside. The aim is for you to complete these activities with your child and record the evidence in your child's activity book. These will be activities that will enhance your child's learning and development at home. When you have completed the activity, please send your child's activity book in before the end of the half term so that they can celebrate this with their key group before we move on to other topics in the next half term.

### Hot Lunches

Please ensure you complete our Hot Lunch Booking Form, which can be found on our website. All forms need to be completed and returned to us **NO LATER THAN 9.00am THE FRIDAY BEFORE THE BOOKING.** Please ensure that the correct **CASH** or a **CHEQUE** is also given and put into a sealed envelope with your child's name.

