



Rainbow Pre-School & Extended Services

NEWSLETTER

March - April 2025

IMPORTANT DIARY DATES 2025

10th – 14th March – Stay & Play WEST Site

17th – 21st March – Stay & Play EAST Site

7th – 17th April – Easter Holiday Club EAST Site

22nd April – Teacher Training Day

23rd April – First Day of Summer Term

Fri 16th May – Preschool CLOSED for annual maintenance

Sat 17th May – New Families Open Day

West Site 9.00am – 12.00pm

East Site 1.00pm – 4.00pm

27th May – 30th May – May Holiday Club WEST Site

Useful Information

The contact details for both sites are below.
All enquiries should be directed to the Admin Office on the West site. If you need to speak with a staff member at the East site your call will be transferred.

West site:

Rainbow Pre-school & Extended Services
Nursery Building, St Andrews CofE VC Primary School
Brunts Lane, Biggleswade, SG18 0LY

East site:

Rainbow Pre-school & Extended Services
St Andrews CofE VC Primary School
Bantock Way, Kings Reach, Biggleswade, SG18 8UQ

Website: <http://www.rainbowpre-schoolbiggleswade.co.uk/welcome>

Email: enquiries@rainbow-preschool.co.uk

Tel: 01767 310230

Our bank details for payment of fees are as follows:

Barclays Bank Account - Rainbow Pre-School & Extended Services
Account No: 03715140 Sort Code: 20-74-81

PLEASE USE YOUR CHILDS FULL NAME AS THE REFERENCE ACCOMPANYING YOUR BANK TRANSFER TO ALLOW US TO ALLOCATE YOUR PAYMENTS TO THE CORRECT ACCOUNT, WITHOUT

THESE DETAILS YOUR ACCOUNT MAY APPEAR TO FALL INTO ARREARS!

If you are making Hot Lunch payments using cash or cheque, your money should be placed in a named envelope with the amount & information about what the payment relates to.

Extended Services Booking Forms

We have been receiving a lot of late booking forms or children turning up to our extended services who are not booked in at all, please remember to complete your booking form for each half term in plenty of time to avoid disappointment. All our booking forms can be found on our website at

www.rainbowpre-school-biggleswade.co.uk/forms-to-download/

Please send completed booking forms to

enquiries@rainbow-preschool.co.uk

Thank you.



Spring is finally
here!

Healthy Teeth

"Fresh fruit and vegetables are always the best snack choice for your children – they contain vitamins and minerals, are a good source of fibre and count towards their 5 A Day. Plus, they're easy to eat on the go!" [Healthier snacks - Food facts - Healthier Families - NHS](#)

Here are some suggestions for tooth friendly snacks from the NHS.



SNACKS

Here are some tooth friendly snack ideas...



Fresh fruit – whole, slices or diced

Vegetable fingers

Plain rice cakes, oat cakes, breadsticks or pitta bread

Hummus, cheese slices, plain yoghurt or cream cheese

Plain water or plain milk

Try to keep sugary food and drink to mealtimes.

Learning and Development

This half term we are focusing on **Plants and Life Cycles**. The children are learning about how we grow plants and their life cycles. The children will be planting some vegetables, and we will watch them grow. We will move into animal life cycles. We use the children's individual learning (next steps) and their interests to guide our activities.

In line with the Fundamental British Values, we have 6 core values that we focus on with the children as a way of teaching them how we expect them to behave. We discuss these at group times and throughout the day with the children.

These include:

- Respect (we are kind)
- Collaborative (we work together)
- Listen (we listen carefully)
- Passion (we always try our best)
- Awe-Inspiring (we try new and exciting things)
- Reflective (we think about how to do things better) Look out for observations and updates on EYLog about your child

Home Learning Challenge:

Every half term, your child will be sent home with an activity book with a home learning challenge stuck inside. The aim is for you to complete these activities with your child and record the evidence in your child's activity book. These will be activities that will enhance your child's learning and development at home. When you have completed the activity, please send your child's activity book in before the end of the half term so that they can celebrate this with their key group before we move on to other topics in the next half term.

Physical Wellbeing

As part of our PANCO programme we have implemented the following:

- Trained PANCOs on site.
- Half termly Focus Foods - we focus on 3 different seasonal foods each half term for both tasting and play to inform children of the more unusual foods that they may not recognise daily. Our focus foods this half term are **Beetroot, Rhubarb & Snap Peas**.



- Weekly exercise sessions delivered by personal trainer Emily Emerson.
- Using exercises for the Healthy Movers programme in our daily routines.

These are additional measures we have implemented to the free flow access to the outdoor areas throughout the day and free movement around the setting.

Wrap Around Care

Thank you for completing the wrap around care surveys in December. As a result, we are excited to announce that we have updated our menus, in line with guidance from the EYFS, and will be trialling the new foods for this half term. At the end of the half term, we will conduct a survey with the children at wrap around care to assess which foods they have enjoyed. Please find our updated menus in the notice boards and on our website.

Menu